ROUTE CARD

PROCEDURE in the event of an EMERGENCY

1. Make your way to the nearest farm, house or main road – find a telephone. Don't go alone.

1a. If you have a mobile phone use it – find good reception.

2. You should seek HELP by phoning a number on this list, FOLLOWING THE ORDER INDICATED:-

A Expedition Supervisor Name_____ Telephone Number_____

Mobile Number_____

B Other Expedition Support Staff Name_____ Telephone Number_____

Mobile Number_____

C Expedition Assessor Name_____ Telephone Number_____

Mobile Number_____

3. If you cannot contact them – DIAL 999 – Ask for the POLICE

4. Once you have CONTACTED somebody and requested help, FOLLOW THEIR INSTRUCTIONS carefully.

The following information may prove useful – Location of Incident (NGR), Nature of Incident, Numbers involved incident, Number in party, Condition of casualties.